

ComPsych: Global Employee Assistance Program



The Employee Assistance Program (EAP) through ComPsych is a completely free and confidential 24x7 resource for all GumGummers (and those in your household) who are looking to speak with a counselor or therapist (i.e. counseling services). Each team member receives **three free** face to face (or virtual session per year. Country specific information can be found below:

North America

United States:

Call: 800.272.7255
TTY: 800.697.0353

Canada:

Call: 1.844.300.2925
TTY: 800.697.0353

Mexico

Llame al: 800.681.9591
WebID: COM589

EMEA

U.K.

Call: 0800.917.5320

Belgium:

Bel: 0800.261.74

Denmark:

Telefonnummer: 8082.6013

France:

Appelez: 0805.081906

Germany:

Telefon: 0800 3007347

Netherlands:

Bel: 0.800.020.0726

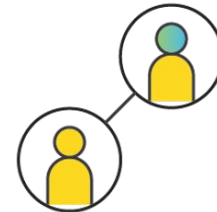
Poland:

Zadzwon: 0.0.8001113839

APAC

Japan:

Call: 0120-974-243



Over-the-phone support

Online

GuidanceResources Online is your 24/7 link to articles and educational content on the subjects that matter most to you:

- Relationships, family, parenting
- Health, wellness, well-being
- and more!

Log on today to search the directory for a local provider or phone number.

Visit guidanceresources.com
App: Guidance Resources Now
Web ID: GumGum (US, CA, JAPAN)
Web ID: COM589 (EMEA + MX)

Please feel free to reach out to People Ops at peopleops@gumgum.com if you have questions on any of our benefits offerings.